

An anatomical illustration of a human heart, rendered in a detailed, etched style. Two hands are shown: one hand is positioned at the top of the heart, with fingers spread, and the other hand is at the bottom, with fingers curled. The heart is the central focus, with its major vessels and internal structures clearly visible. The illustration is in a muted, earthy tone, blending with the overall design.

# THRIVE

PERSONAL PRAYER GUIDE  
2023



JOURNEY CHURCH  
INTERNATIONAL



# THRIVE

PERSONAL PRAYER GUIDE

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NAME

## A QUICK WORD FROM OUR PASTOR

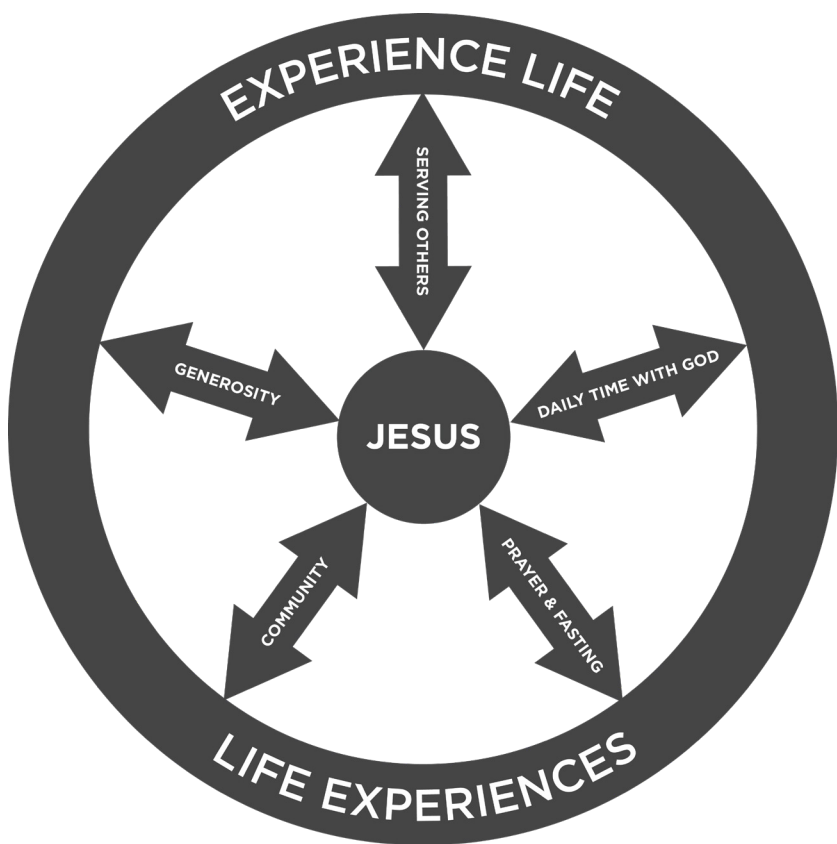
This year at Journey is our year of “Come and Follow”, and it is our goal to help provide a pathway to help every person who connects with the ministry of Journey to walk with Jesus. It is our belief that your walk with Jesus will shape how you experience life or that your life experiences will shape how you see Jesus. With that backdrop, the graph on the following page shows the “pathways” that we believe followers of Jesus need to pursue and activate faithfully in their life so that how they experience life is shaped by the heart of Jesus and his mission.

One of the major pathways of walking with Jesus that shapes our life is the ministry of “Prayer and Fasting”. This year at Journey, we are setting aside our January Week of Prayer to teach on Prayer and Fasting, and we are dedicating the first Wednesday of each month to fast and pray together as a church. This prayer guide is designed to help you walk through our Week of Prayer in January and then continue to have your year shaped by prayer and fasting each month throughout the year.

“Come and Follow” Jesus with us this year at Journey. We are praying for you, that as you walk with Jesus faithfully this year, that it will be the best spiritual year of your life. Thank you for taking this prayer journey with us!

A handwritten signature in blue ink that reads "Pastor Christian". The signature is stylized, with the word "Pastor" and "Christian" written in a cursive-like font.

Pastor Christian





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# HOW TO USE THIS GUIDE

This guide is designed to give purpose and structure to your prayer life. This guide is a tool designed to help you get more comfortable with prayer so that it becomes more natural, effective, and enjoyable for you to experience.

The most important goal of this guide is to help you *CONSISTENTLY GROW* in entering God's presence through prayer. Here is how this guide is designed to help you:

## WEEK OF PRAYER

Each day during the Week of Prayer, use these pages to take some notes from each day's devotional, write down the "prayer points" that each speaker asks us to pray for, and use the guide to enter your "daily prayer entries." You can use this based on the "ACTS" acronym, which is based on Jesus' Model of Prayer found in Matthew 6:9-13. If you are unfamiliar with how to use this acronym, we can help you with that! Turn the page to see how to use the ACTS model to guide your prayer time.

## EACH MONTH

The first Wednesday of every month, consider joining us in prayer and fasting from sunup to sundown. Join us at 6:30 p.m. in person or online for our First Wednesday Prayer Service.

## EACH WEEK

At the beginning of every week, use the personal prayer journal to make note of:

- The emotional area in which you need God's help.
- The biggest item on your schedule during the upcoming week in which you need God's help.
- The greatest need in your family.
- The people who God has brought to your heart to pray for.
- The next spiritual step that you need to take.

## SPIRITUAL DISCIPLINE TRACKER

Creating a new habit takes weeks of repetition. Tracking specific actions can help you build "habit streaks" that will motivate you to sustain the effort until the habit becomes a lifestyle.

## KEEP USING THIS GUIDE

We encourage you to continue using this guide after the initial Week of Prayer ends. We encourage you to take time each Sunday to use this journal as a tool to get your heart and mind set for the week.

At the end of each week is a section for you to record when God answers a specific prayer. Our hope is that over the next few months, you will witness God do extraordinary things in your life—"exceedingly and abundantly more" than you could ever imagine (Ephesians 3:20).



## JESUS' MODEL OF PRAYER

"This, then, is how you should pray:  
'Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as it is in heaven.  
Give us today our daily bread.  
And forgive us our debts,  
as we also have forgiven our debtors.  
And lead us not into temptation,  
but deliver us from the evil one.'"

MATTHEW 6:9-13 NIV

In the Lord's Prayer, Jesus teaches us "how" to pray more than he teaches us "what" to pray. A closer evaluation of this prayer from Jesus reveals a guide or model for your daily conversation with God. You can follow the acronym, A.C.T.S.

**ADORATION** - Acknowledge to God his greatest attributes and creations. (Matthew 6:9)

Say: "God, I adore you for \_\_\_\_\_."

**CONFESSION** - Cleanse your heart before God. (Matthew 6:12-13)

Say: "God, I am sorry for \_\_\_\_\_. Please forgive me."

**THANKSGIVING** - Have a spirit of gratitude. (Matthew 6:10)

Say: "God, I am so thankful for \_\_\_\_\_."

**SUPPLICATION** - Tell God the needs you are aware of. (Matthew 6:11)

Say: "God, if it is your will, I need/want \_\_\_\_\_."

REMAIN IN ME, AS I ALSO REMAIN IN YOU.  
NO BRANCH CAN BEAR FRUIT BY ITSELF; IT  
MUST REMAIN IN THE VINE. NEITHER CAN  
YOU BEAR FRUIT UNLESS YOU REMAIN IN ME.

JOHN 15:4

# **WEEK OF PRAYER**

JANUARY 22 - 28

**THE WEEK OF JANUARY 22**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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# MY DAILY PRAYER ENTRY

## ADORATION

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## CONFESSION

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## THANKSGIVING

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## SUPPLICATION

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful





# MY DAILY PRAYER ENTRY

## ADORATION

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## CONFESSION

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## THANKSGIVING

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# MY DAILY PRAYER ENTRY

## ADORATION

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## THANKSGIVING

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## SUPPLICATION

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# MY DAILY PRAYER ENTRY

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## CONFESSION

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## THANKSGIVING

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MY DAILY PRAYER ENTRY

ADORATION

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MY DAILY PRAYER ENTRY

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# MY DAILY PRAYER ENTRY

## ADORATION

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## CONFESSION

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## THANKSGIVING

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## SUPPLICATION

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**THE WEEK OF JANUARY 29**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF JANUARY 29

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**NOBODY EVER OUTGROWS SCRIPTURE;  
THE BOOK WIDENS AND DEEPENS WITH  
OUR YEARS.**

**CHARLES SPURGEON**

**PERSONAL PRAYER GUIDE**

**FEBRUARY**





MY DAILY PRAYER ENTRY

ADORATION

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CONFESSION

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THANKSGIVING

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SUPPLICATION

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FASTING FOCUS
<p>WHAT ARE YOU FASTING FROM?</p> <p>.....</p> <p>.....</p> <p>.....</p>
<p>WHAT ARE YOU FASTING FOR?</p> <p>.....</p> <p>.....</p> <p>.....</p>

**THE WEEK OF FEBRUARY 5**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF FEBRUARY 5

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

# THE WEEK OF FEBRUARY 12

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF FEBRUARY 12

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

# THE WEEK OF FEBRUARY 19

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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## THE WEEK OF FEBRUARY 19

### MY PRAYER FOR THIS WEEK

## ANSWERED PRAYER

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Spiritual Disciplines Tracker							
Daily Time with God	Struggled	1	2	3	4	5	Faithful
Spiritual Community	Struggled	1	2	3	4	5	Faithful
Prayer & Fasting	Struggled	1	2	3	4	5	Faithful
Serving Others	Struggled	1	2	3	4	5	Faithful
Generosity	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF FEBRUARY 26**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF FEBRUARY 26

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

WHEN YOU OPEN YOUR BIBLE, GOD OPENS  
HIS MOUTH. IF ALL WE EVER DO IS READ IT,  
THEN IT BECOMES A MONOLOGUE.

MARK BATTERSON

**PERSONAL PRAYER GUIDE**

**MARCH**



MY DAILY PRAYER ENTRY

ADORATION

CONFESSION

THANKSGIVING

SUPPLICATION

FASTING FOCUS
<div><div>WHAT ARE YOU FASTING FROM?</div><div><div></div><div></div><div></div></div></div> <div><div>WHAT ARE YOU FASTING FOR?</div><div><div></div><div></div><div></div></div></div>

**THE WEEK OF MARCH 5**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF MARCH 5  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF MARCH 12**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF MARCH 12

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF MARCH 19**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF MARCH 19

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF MARCH 26**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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### MY PRAYER FOR THIS WEEK

This image shows a full page of dot grid paper. The dots are arranged in a precise, repeating grid pattern across the entire surface. There are no margins, text, or other markings present.

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ONLY IF YOU ARE PART OF A COMMUNITY OF  
BELIEVERS SEEKING TO RESEMBLE, SERVE,  
AND LOVE JESUS WILL YOU EVER GET TO  
KNOW HIM AND GROW INTO HIS LIKENESS.

TIMOTHY KELLER

**PERSONAL PRAYER GUIDE**

**APRIL**

# THE WEEK OF APRIL 2

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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## THE WEEK OF APRIL 2

### MY PRAYER FOR THIS WEEK

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## ANSWERED PRAYER

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Spiritual Disciplines Tracker							
Daily Time with God	Struggled	1	2	3	4	5	Faithful
Spiritual Community	Struggled	1	2	3	4	5	Faithful
Prayer & Fasting	Struggled	1	2	3	4	5	Faithful
Serving Others	Struggled	1	2	3	4	5	Faithful
Generosity	Struggled	1	2	3	4	5	Faithful



## GUIDED FAMILY PRAYER TIME

[illegible]

## FASTING FOCUS

## WHAT ARE YOU FASTING FROM?

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## WHAT ARE YOU FASTING FOR?

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**THE WEEK OF APRIL 9**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF APRIL 9

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF APRIL 16**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF APRIL 16

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF APRIL 23**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF APRIL 23  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF APRIL 30**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF APRIL 30  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

THE GREATEST TRAGEDY IN LIFE IS THAT  
SOME PRAYERS GO UNANSWERED AS  
THEY GO UNASKED.

MARK BATTERSON

**PERSONAL PRAYER GUIDE**

**MAY**



# MY DAILY PRAYER ENTRY

## ADORATION

## CONFESSION

## THANKSGIVING

## SUPPLICATION

FASTING FOCUS
<div><div>WHAT ARE YOU FASTING FROM?</div><div><div></div><div></div><div></div></div></div> <div><div>WHAT ARE YOU FASTING FOR?</div><div><div></div><div></div><div></div></div></div>

**THE WEEK OF MAY 7**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF MAY 7

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF MAY 14**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF MAY 14

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF MAY 21**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF MAY 21  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF MAY 28**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF MAY 28  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

TO PRAY IS TO ACCEPT THAT WE ARE, AND  
ALWAYS WILL BE, WHOLLY DEPENDENT ON  
GOD FOR EVERYTHING.

TIMOTHY KELLER



**PERSONAL PRAYER GUIDE**

**JUNE**

# THE WEEK OF JUNE 4

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF JUNE 4

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful



MY DAILY PRAYER ENTRY

ADORATION

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CONFESSION

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THANKSGIVING

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SUPPLICATION

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FASTING FOCUS
<p>WHAT ARE YOU FASTING FROM?</p> <p>.....</p> <p>.....</p> <p>.....</p>
<p>WHAT ARE YOU FASTING FOR?</p> <p>.....</p> <p>.....</p> <p>.....</p>

**THE WEEK OF JUNE 11**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF JUNE 11

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF JUNE 18**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF JUNE 18

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF JUNE 25**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF JUNE 25

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

THE MORE YOU READ THE BIBLE, AND THE  
MORE YOU MEDITATE UPON IT, THE MORE  
YOU WILL BE ASTONISHED WITH IT. HE WHO  
IS BUT A CASUAL READER OF THE BIBLE,  
DOES NOT KNOW THE HEIGHT, THE DEPTH,  
THE LENGTH, AND THE BREADTH OF THE  
MIGHTY MEANINGS CONTAINED IN ITS PAGES.

CHARLES SPURGEON

**PERSONAL PRAYER GUIDE**

**JULY**

# THE WEEK OF JULY 2

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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## This image shows a full page of dot grid paper. The background is white, and it is covered with a regular pattern of small, black dots. The dots are arranged in straight horizontal and vertical rows, creating a grid-like appearance. There are no margins, text, or other markings on the page.

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87 THRIVE

**THE WEEK OF JULY 9**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF JULY 9

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF JULY 16**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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## This image shows a full page of dot grid paper. The dots are arranged in a precise, repeating grid pattern across the entire surface. Each row and column contains an equal number of dots, creating a series of small squares defined by the intersections. The dots themselves are small, dark gray or black circles. The background is a clean, off-white color. There are no margins, text, or other markings present on the page.

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91 THRIVE

**THE WEEK OF JULY 23**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF JULY 23  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF JULY 30**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF JULY 30  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

OUR CHARACTER IS MAINLY SHAPED BY  
OUR PRIMARY SOCIAL COMMUNITY -  
THE PEOPLE WITH WHOM WE EAT, PLAY,  
CONVERSE, AND STUDY.

TIMOTHY KELLER



**PERSONAL PRAYER GUIDE**

**AUGUST**

# THE WEEK OF AUGUST 6

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF AUGUST 6

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

# THE WEEK OF AUGUST 13

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF AUGUST 13

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

# THE WEEK OF AUGUST 20

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF AUGUST 20

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**WATCH AND PRAY SO THAT YOU WILL NOT  
FALL INTO TEMPTATION. THE SPIRIT IS  
WILLING, BUT THE FLESH IS WEAK.**

**MATTHEW 26:41**



# **WEEK OF PRAYER**

AUGUST 27 - SEPTEMBER 2

# THE WEEK OF AUGUST 27

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF AUGUST 27  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful



# MY DAILY PRAYER ENTRY

## ADORATION

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## CONFESSION

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## THANKSGIVING

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## SUPPLICATION

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MY DAILY PRAYER ENTRY

ADORATION

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MY DAILY PRAYER ENTRY

ADORATION

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# MY DAILY PRAYER ENTRY

## ADORATION

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## CONFESSION

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# MY DAILY PRAYER ENTRY

## ADORATION

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## THANKSGIVING

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## SUPPLICATION

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# MY DAILY PRAYER ENTRY

## ADORATION

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## CONFESSION

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## THANKSGIVING

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## SUPPLICATION

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**PRAYER IS THE DIFFERENCE BETWEEN  
SEEING WITH OUR PHYSICAL EYES AND  
SEEING WITH OUR SPIRITUAL EYES.**

**MARK BATTERSON**



**PERSONAL PRAYER GUIDE**  
**SEPTEMBER**

# THE WEEK OF SEPTEMBER 3

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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**MY PRAYER FOR THIS WEEK**

[illegible]

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123 THRIVE



# MY DAILY PRAYER ENTRY

## ADORATION

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## CONFESSION

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## THANKSGIVING

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## SUPPLICATION

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FASTING FOCUS
<b>WHAT ARE YOU FASTING FROM?</b>
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<b>WHAT ARE YOU FASTING FOR?</b>
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# THE WEEK OF SEPTEMBER 10

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF SEPTEMBER 10

PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

# THE WEEK OF SEPTEMBER 17

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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### MY PRAYER FOR THIS WEEK

[illegible]

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129

**THE WEEK OF SEPTEMBER 24**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF SEPTEMBER 24

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

IF YOU AND YOUR CHURCH WERE TO  
DISAPPEAR OFF THE FACE OF THE EARTH  
TOMORROW, WOULD ANYONE IN THE  
COMMUNITY AROUND YOU NOTICE YOU  
WERE GONE? AND IF THE COMMUNITY DID  
EVEN NOTICE, WOULD THEY SAY, “WE ARE  
REALLY GLAD THEY ARE GONE”, OR “WE ARE  
REALLY GOING TO MISS THEM”?

TIMOTHY KELLER

**PERSONAL PRAYER GUIDE**  
**OCTOBER**

# THE WEEK OF OCTOBER 1

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF OCTOBER 1  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful





MY DAILY PRAYER ENTRY

ADORATION

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CONFESSION

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THANKSGIVING

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SUPPLICATION

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FASTING FOCUS
<p>WHAT ARE YOU FASTING FROM?</p> <p>.....</p> <p>.....</p> <p>.....</p>
<p>WHAT ARE YOU FASTING FOR?</p> <p>.....</p> <p>.....</p> <p>.....</p>

**THE WEEK OF OCTOBER 8**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF OCTOBER 8

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF OCTOBER 15**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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### MY PRAYER FOR THIS WEEK

This image shows a full page of dot grid paper. The dots are arranged in a precise, repeating grid pattern across the entire surface. There are no margins, text, or other markings present.

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141

# THE WEEK OF OCTOBER 22

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF OCTOBER 22

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

# THE WEEK OF OCTOBER 29

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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### MY PRAYER FOR THIS WEEK

This image shows a full page of dot grid paper. The background is white, and it is covered with a regular pattern of small, dark grey dots. The dots are arranged in straight horizontal and vertical lines, creating a grid-like appearance. There are no margins, text, or other markings on the page.

## ANSWERED PRAYER

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Spiritual Disciplines Tracker							
Daily Time with God	Struggled	1	2	3	4	5	Faithful
Spiritual Community	Struggled	1	2	3	4	5	Faithful
Prayer & Fasting	Struggled	1	2	3	4	5	Faithful
Serving Others	Struggled	1	2	3	4	5	Faithful
Generosity	Struggled	1	2	3	4	5	Faithful

IN ALL MY YEARS OF SERVICE TO MY LORD,  
I HAVE DISCOVERED A TRUTH THAT HAS  
NEVER FAILED AND HAS NEVER BEEN  
COMPROMISED. THAT TRUTH IS THAT IT IS  
BEYOND THE REALM OF POSSIBILITIES THAT  
ONE HAS THE ABILITY TO OUT-GIVE GOD.  
EVEN IF I GIVE THE WHOLE OF MY WORTH  
TO HIM, HE WILL FIND A WAY TO GIVE BACK  
TO ME MUCH MORE THAN I EVER GAVE.

CHARLES SPURGEON

**PERSONAL PRAYER GUIDE**  
**NOVEMBER**



# MY DAILY PRAYER ENTRY

## ADORATION

## CONFESSION

## THANKSGIVING

## SUPPLICATION

FASTING FOCUS
<div><div>WHAT ARE YOU FASTING FROM?</div><div><div></div><div></div><div></div></div></div> <div><div>WHAT ARE YOU FASTING FOR?</div><div><div></div><div></div><div></div></div></div>

# THE WEEK OF NOVEMBER 5

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF NOVEMBER 5  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

**THE WEEK OF NOVEMBER 12**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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**MY PRAYER FOR THIS WEEK**

[illegible]

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**THE WEEK OF NOVEMBER 19**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF NOVEMBER 19

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER								
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful	
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful	
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful	
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful	
GENEROSITY	Struggled	1	2	3	4	5	Faithful	

**THE WEEK OF NOVEMBER 26**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF NOVEMBER 26

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful

PRAYER IS AWE, INTIMACY, STRUGGLE—  
YET THE WAY TO REALITY. THERE IS  
NOTHING MORE IMPORTANT, OR HARDER,  
OR RICHER, OR MORE LIFE-ALTERING.  
THERE IS ABSOLUTELY NOTHING SO  
GREAT AS PRAYER.

TIMOTHY KELLER

**PERSONAL PRAYER GUIDE**  
**DECEMBER**

# THE WEEK OF DECEMBER 3

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF DECEMBER 3

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful



# MY DAILY PRAYER ENTRY

## ADORATION

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## CONFESSION

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## THANKSGIVING

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## SUPPLICATION

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FASTING FOCUS
<p><b>WHAT ARE YOU FASTING FROM?</b></p> <p>.....</p> <p>.....</p> <p>.....</p>
<p><b>WHAT ARE YOU FASTING FOR?</b></p> <p>.....</p> <p>.....</p> <p>.....</p>

# THE WEEK OF DECEMBER 10

THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS

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THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD'S HELP IN IS

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THE GREATEST NEED FOR MY FAMILY

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THE PEOPLE ON MY HEART THIS WEEK ARE

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THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS

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THE WEEK OF DECEMBER 10

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful



## MY DAILY PRAYER ENTRY

## ADORATION

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## CONFESSION

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## THANKSGIVING

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## SUPPLICATION

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## FASTING FOCUS

## WHAT ARE YOU FASTING FROM?

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## WHAT ARE YOU FASTING FOR?

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**THE WEEK OF DECEMBER 17**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF DECEMBER 17

MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful



# MY DAILY PRAYER ENTRY

## ADORATION

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## CONFESSION

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## THANKSGIVING

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## SUPPLICATION

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FASTING FOCUS
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<p><b>WHAT ARE YOU FASTING FOR?</b></p> <p>.....</p> <p>.....</p> <p>.....</p>

**THE WEEK OF DECEMBER 24**

**THE EMOTIONAL AREA I NEED GOD THE MOST THIS WEEK IS**

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**THE BIGGEST ITEM ON MY SCHEDULE THAT I NEED GOD’S HELP IN IS**

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**THE GREATEST NEED FOR MY FAMILY**

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**THE PEOPLE ON MY HEART THIS WEEK ARE**

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**THE SPIRITUAL STEP I REALLY NEED TO TAKE THIS WEEK IS**

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THE WEEK OF DECEMBER 24  
MY PRAYER FOR THIS WEEK

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ANSWERED PRAYER

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SPIRITUAL DISCIPLINES TRACKER							
DAILY TIME WITH GOD	Struggled	1	2	3	4	5	Faithful
SPIRITUAL COMMUNITY	Struggled	1	2	3	4	5	Faithful
PRAYER & FASTING	Struggled	1	2	3	4	5	Faithful
SERVING OTHERS	Struggled	1	2	3	4	5	Faithful
GENEROSITY	Struggled	1	2	3	4	5	Faithful



JOURNEY CHURCH  
INTERNATIONAL

1601 SW STATE ROUTE 150 LEE'S SUMMIT, MO 64082  
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