

PROVIDING SOUL CARE

Lead by Example

Soul Care Competency

It's hard to lead others when you aren't caring for your own soul. That's why we encourage you as a group leader to monitor and maintain your own spiritual health. The following competency assessment will help you better understand how well you're caring for your own soul.

"And David shepherded them with integrity of heart; with skillful hands he led them."

- Psalm 78:72

You cannot _____ what you do not _____.

We are _____ of what _____ is like to them.

A couple of questions:

1. How is that _____?
2. What do the people in your group see _____?

Proficiency Assessment

On a scale of 1 to 5 (1 = Never, 5 = Consistently), rate yourself on each of these:

- | | | | | | |
|--|---|---|---|---|---|
| • Models a healthy walk with Jesus. | 1 | 2 | 3 | 4 | 5 |
| • Discerns the spiritual condition of others. | 1 | 2 | 3 | 4 | 5 |
| • Encourages others to grow in their walk with God. | 1 | 2 | 3 | 4 | 5 |
| • Focuses on personal soul care and spiritual development, knowing it will enhance the growth of others. | 1 | 2 | 3 | 4 | 5 |

Why is it important to grow in the area of personal soul care?

What are a few specific ways you can grow in this area?

Personal Growth Plan in the Area of Personal Soul-Care

What I Will Do to Grow:	Due:
<p>What can I read?</p> <p>Recommended Resources:</p> <ul style="list-style-type: none"> • "The Ruthless Elimination of Hurry," by John Mark Comer • "The Broken Way," by Ann Voskamp • "Strengthening the Soul of Your Leadership," by Ruth Haley Barton 	
<p>What can I listen to and/or watch?</p> <p>Recommended Resources:</p> <ul style="list-style-type: none"> • Activate Podcast with Pastor Christian Newsome • Craig Groeschel Leadership Podcast • Carey Nieuwhof Leadership Podcast 	
<p>Who can I talk to?</p> <p>Recommended Resources:</p> <ul style="list-style-type: none"> • Meet with a close friend or mentor and honestly evaluate the condition of your soul. • Talk with someone you respect and admire who has mastered this competency. 	
<p>Who can I observe/watch?</p> <ul style="list-style-type: none"> • Meet with someone you respect and ask them to assess you in this area. • Watch someone lead a group and then de-brief what you observed with him/her. 	

Final Review

What was the most important thing that you learned?

What is one thing you would like to do better now with having learned this competency?

How can we be praying for you and for your group?