

# Lent

## 40-DAY READING PLAN

Lent is a season of repentance and reflection leading up to Easter. This period lasts 40 days in honor of the 40 days Jesus fasted and faced temptation in the desert. Lent begins on Ash Wednesday and concludes on Holy Saturday, the day before Easter. While this seems to be 46 days, the Sundays during Lent are not counted as part of the season. Sundays are to be days for feasting and celebrating the resurrection of Jesus—with Easter being the final and greatest celebration of Salvation in history!

This 40-day Lent reading plan is designed to take the reader through the final weeks of Jesus' life on earth through the lens of the four gospels: Matthew, Mark, Luke, and John. As you read these passages of Scripture, think about these questions as you read, reflect, and apply what you've read in your daily life.



JOURNEY CHURCH  
INTERNATIONAL

PRAY BEFORE READING

Eliminate distractions as best as you can.  
Ask God for an open heart.  
Consider a prayer like this one: *Lord Jesus, speak to me through Your Word today.*

RESPOND TO KEY TRUTHS EACH DAY:

- How does the passage point you to Jesus and following Him?
- How does the passage apply to you and to others?
- What are some actions you need to take in order to apply God’s Word directly to your life?

SUN	MON	TUE	WED	THU	FRI	SAT
		FEBRUARY	14 Ash Wed. Luke 9:51-10:41	15 Luke 11	16 Luke 12	17 Luke 13
18 Praise & Pray	19 Luke 14	20 Luke 15	21 Luke 16	22 Luke 17	23 Luke 18	24 Luke 19
25 Praise & Pray	26 Mark 11	27 Luke 20	28 Mark 12	29 Mark 13	01 MARCH Luke 21	02 John 13:1-17
03 Praise & Pray	04 John 13:18-38	05 John 14:1-14	06 John 14:15-31	07 John 15:1-26	08 John 16:1-16	09 John 16:17-33
10 Praise & Pray	11 John 17	12 Matthew 26	13 Mark 14	14 Luke 22	15 John 18:1-14	16 John 18:15-40
17 Praise & Pray	18 John 19:1-16	19 Matthew 27	20 Mark 15	21 Luke 23	22 John 19:17-42	23 Matthew 28
24 Palm Sun. Praise & Pray	25 Mark 16	26 Luke 24	27 John 20:1-18	28 John 20:19-31	29 Good Fri. John 21:1-14	30 John 21:15-25
31 Easter Sun. Praise & Pray						